



2022 – 2023 CYO SPORTS CALENDAR

Diocese of Oakland – Catholic Youth Organization

(All event dates are subject to facility verification and pandemic restrictions)

IMPORTANT DATES FOR ALL CYO SPORTS

Saturday, September 24	CYO Athletic Directors' Seminar (tentative)
Saturday, January 7, 2023	Catholic High School Placement Test (Oakland Diocese)
Monday, January 16	Rev. Dr. Martin Luther King, Jr. Holiday
Sunday, January 29	Catholic Schools Week begins
Sunday, February 12	Super Bowl Sunday
Thursday, Apr 6 – Sunday, Apr 9	Holy Thursday through Easter Sunday – No CYO activities may be scheduled

CYO CROSS COUNTRY

Monday, August 15	Practice may begin for Cross Country
Tuesday, August 16	Cross Country Parish/School Coordinators Meeting
Thursday, September 1	Cross Country Returning Coaches Meeting
Tuesday, September 6	Cross Country New Coaches Certification Workshop
Fridays, September 23, 30	CYO Cross Country Meets
Fridays, October 7, 14	CYO Cross Country Meets
Friday, October 21	Diocesan Cross Country Meet

CYO BASKETBALL

All Boys' CYO Basketball and for Girls' CYO Basketball in the East Diablo, West Diablo and Tri Valley Leagues

Thursday, September 1	Practice may begin
Friday, September 9	Tournament play may begin

BASKETBALL COACHES CERTIFICATION WORKSHOPS (tentative dates)

Tuesday, October 4	Basketball Coaches Certification Workshop (EBPL/WCC)
Tuesday, October 11	Basketball Coaches Certification Workshop (Mission Valley/SAC Boys)
Tuesday, October 18	Basketball Coaches Certification Workshop (Tri Valley)
Sunday, October 23	Basketball Coaches Certification Workshop (Diablo East)
Saturday, October 29	Basketball Coaches Certification Workshop (West Diablo)
Thursday, November 3	Coaches Certification Workshop – "Make-up" (Oakland Diocese)

Thursday, November 3	Last Day for basketball preseason tournament play
Friday, November 4	League play may begin
Sunday, November 20	Last Day for League play before Thanksgiving break
Monday, November 21	Thanksgiving Tournament Play may begin
Thursday, November 24	Thanksgiving Day
Sunday, November 27	Last Day for Thanksgiving Tournament Play
Monday, November 28	League Play may resume
Sunday, December 18	Last Day for League Play before Christmas Break
Monday, December 19	Christmas Tournament Play may begin
Thursday, January 5, 2023	Last Day for Christmas Tournament Play
Friday, January 6	League Play may resume
Sunday, February 19	Last Day for Boys' Basketball League Play/League Playoffs
Monday, February 20	Presidents' Day
	Boys' Basketball Playoffs – Mandatory Coaches Meeting
	Tournament Play may begin for teams NOT involved in Diocese Playoffs.
Friday, Saturday, Sunday February 24, 25, 26 and Saturday, Sunday March 4, 5	Diocesan American Division Boys' Basketball Playoffs
Tuesday, February 28	Girls' Basketball East Playoffs – Mandatory Coaches Meeting
Saturday, Sunday March 4, 5, 11, 12	Girls' Basketball Playoffs (for CYO Leagues in East Diocese)
Sunday, March 12	Last Day to participate as a Boys' CYO Basketball team or as a Cheerleader
Sunday, March 19	Last Day to participate as a Girls' CYO Basketball team (East Diocese)

2022 – 2023 CYO SPORTS CALENDAR

CYO GIRLS' VOLLEYBALL

For Girls' CYO in the SAC (Girls), Metro, EBPL and Northern Leagues

Thursday, September 1	Practice may begin
Thursday October 27	Girls' Volleyball Coaches Certification Workshop
Wednesday, November 3	Coaches Certification Workshop – “Make-up” (Oakland Diocese)
Friday, November 4	League Play may begin
Sunday, November 20	Last Day for League play before Thanksgiving break
Thursday, November 24	Thanksgiving Day
Monday, November 28	League Play may resume
Sunday, December 18	Last Day for League Play before Christmas Break
Friday, January 6	League Play may resume
Sunday, January 15	Jim Negri Tournament (tentative)
Monday, February 13	Girls' Volleyball Playoffs – Mandatory Playoff Coaches Meeting
Saturday, Sunday, Tuesday February 18, 19, 21	Girls' CYO Volleyball Playoffs

CYO GIRLS' BASKETBALL (SPRING 2023)

Girls' CYO Basketball in the SAC (Girls), Metro, EBPL and Northern Leagues

Monday, January 16	Practice may begin
Thursday, February 9	Girls' Basketball Coaches Certification Workshop (EBPL/Northern)
Thursday, February 15	Girls' Basketball Coaches Certification Workshop (Metro/SAC)
Friday, February 24	League Play may begin
Thursday, Apr 6 - Sunday, Apr 9	Holy Thursday through Easter Sunday – no CYO activities may be scheduled
Monday, April 10	Catholic Schools Easter recess begins
Tuesday, May 16	Girls' Basketball West Playoffs – Mandatory Meeting for All Playoff Coaches
Saturday through Wednesday May 20 through 24	Diocesan Girls' Basketball Playoffs (West Diocese)

CYO TRACK AND FIELD

Wednesday, February 1	Practice may begin
Tuesday, March 7	Track and Field Coaches Workshop – Diablo Valley
Thursday, March 9	Track and Field Coaches Workshop – Mission Valley
Wednesday, March 15	Track and Field Coaches Workshop – Oakland / WCC
Thursday, Apr 6 - Sunday, Apr 9	Holy Thursday through Easter Sunday – no CYO activities may be scheduled
Monday, April 10	Catholic Schools Easter recess begins
Sunday, May 7	Last Day for Section Qualifying Track Meets
Monday, May 8	Diocesan Track Meet Qualifier Lists due to Diocesan CYO Office
Friday, Saturday, May 12, 13	Oakland Diocese Track and Field Championship Meet

CYO BOYS' SAND VOLLEYBALL

Wednesday, February 1	Practice may begin
Sunday, March 26	League Play may begin
Saturday, Sunday, May 20, 21	Boys' CYO Sand Volleyball Tournament

